Central Coast Events – Covid Safety Guidelines

This single page document covers the key points which we hope will keep our events Covid-safe. You can also refer to our full [Covid Safety Plan](#).

- If you have a fever or other symptoms, please don't attend.

- If you have have been to any of the current [COVID-19 case locations](#) in NSW and are required to self-isolate, you must not attend.

- Practice social distancing – remember to keep at least 1.5 metres apart whenever possible.

- Practice good hand hygiene – please wash or sanitise your hands before and after your run.

- Please avoid gathering in groups before or after your run. This is an "Arrive, Orienteer and go home" event.

- In keeping with the above, no results will be on display at the venue. As much as possible, we hope to make them available online in real time. Check the links on our web-site or the event's Eventor page.

- We are required to collect contact details of everyone who attends. Please enter online if you can, as this is the easiest way of achieving this. Parents, spectators, chauffeurs and helpers – please check-in at the event using our Service NSW QR code.

- Please take care to only touch your map when you pick one up at the start. Control descriptions should be on the map, possibly printed on the back.

- There will be no box for keys this year. If you want to leave your car keys behind, put them in a bag, and leave the bag near the assembly area.

Most importantly, enjoy the event.